



Go the extra mile

How your money makes a difference

No matter what you do or how much cash you raise for Sport Relief 2012, one thing's for sure – that money will be spent by Comic Relief to help change lives both here in the UK and across the world's poorest countries. Here are some inspiring ways your cash could make the world of difference.



£5

£5 could buy a new set of clothes for a child living or working on the streets of Nepal.



£10

£10 could give a person in the UK living with dementia, and their carer, expert advice and guidance to help improve their quality of life.



£20

£20 could provide emergency drugs to 16 children with severe malaria in Uganda which will help them survive the long journey to hospital.



£50

£50 could feed 100 vulnerable children living on the streets in India for one day.



£100

£100 could run a school for a week educating more than 300 children whose families are affected by HIV and AIDS in Kenya.



£200

£200 could provide two young people in Nepal with a grant to start up their own small business so that they can earn an income and escape the dire poverty they face on the streets.



£300

£300 could pay for two trained workers to go onto the streets at night and offer crucial advice and support to young people at risk of sexual exploitation within the UK.



£500

£500 could provide a young person who's taking care of a sick relative in the UK with one-to-one support for a whole year.



£1000

£1,000 could transform the lives of a whole community living in the slums of Kenya by giving them permanent access to clean water.